

SPORTS VISION CAMP



For more information or to register, visit
www.sdvisions.com
or call 605.271.7100

\$85

TRAIN LIKE THE PROS DO!!

When it comes to success on the playing field, athletic performance hinges on an athlete's visual skills. Sports vision therapy is a progressive program of vision drills that enhance fundamental visual skills that are critical to athletic performance.

SPORTS VISION CAMPS TO ENHANCE:

- **Dynamic Visual Acuity:** the ability to keep moving objects clear
- **Eye Tracking:** the ability to keep your eye on the ball
- **Eye Focusing:** the ability to change focus from one object to another quickly and clearly
- **Peripheral Awareness:** the ability to see the whole field/court while looking at the ball
- **Depth Perception:** the ability to accurately judge distance and speed of the ball and other players
- **Eye-Hand or Eye-Body Coordination:** the ability to use our eyes to effectively direct your hands/body

Experience an
INTRO TO SPORTS VISION
by attending one of our camps for young athletes:

CAMP 1:

June 5, 12, 19, 26

Mondays 9:00am - 10:00am
(grades 3-4)

Mondays 10:15am - 11:15pm
(grades 5-6)

CAMP 2:

July 10, 17, 24, 31

Mondays 9:00am - 10:00am
(grades 3-4)

Mondays 10:15am - 11:15pm
(grades 5-6)